



## NRSE 310 Syllabus

### Course Description

*NRSE 310 – Health Appraisal* focuses on the development of cephalocaudal nursing assessment skills and the ability to draw valid inferences from the data collected.

### Prerequisites:

The student must:

- have completed and/or be enrolled concurrently in NRSE 300; and
- hold a current license to practice as a registered nurse (RN).
- be able to provide evidence of current malpractice insurance coverage, current CPR certification, and current immunizations.

### Textbooks, Reading Material, and Resources

Jarvis, C. (2008). *Physical examination & health assessment* (5<sup>th</sup> ed.). St. Louis, MO: Elsevier. ISBN: 9781416032434.

Jarvis, C. (2008). *Student laboratory manual* (5<sup>th</sup> ed.). St. Louis, MO: Elsevier. ISBN: 9780721697758.

Textbooks available from ED MAP Online Bookstore: <http://www.shop-edmap.biz/oub/>

**Credit Hours:** 3 lecture; 1 clinical

**Note:** The clinical component in this course consists of students performing assigned physical assessments on target clients. Each client (or client guardian) must sign a consent form. The final complete physical assessment is performed under the supervision of a qualified preceptor. Students are responsible for identifying their own clients and preceptor. These assignments are specifically designed to ensure students have the opportunity to link theory with practice at a time and location that is convenient for them.

**Note to Healthcare Providers:** Clinical requirements are satisfied outside of and independently from the hospital or acute care setting.

**Course Goals:**

Upon completion of this course the student will be able to:

- perform focused health histories/physical assessments using a holistic, contextual perspective on clients across the lifespan.
- perform a focused health history and physical assessment of body systems.
- practice the assessment skills of interviewing, observing, inspecting, palpating, percussing and auscultating.
- write succinct and clinically relevant narrative summaries of collected data.
- formulate valid inferences regarding the health status of examined clients based on the assessment data.

**Course Organization**

There are five (5) modules in this course. Each module represents one week of activity.

1. Overview of Health Appraisal
2. HEENT and CN Systems
3. Cardiac, Pulmonary, and Breast Systems
4. Gastrointestinal (GI) and Genitourinary (GU) Systems
5. Musculoskeletal, Neuromuscular, and Integumentary Systems

**Physical Assessment Equipment:**

Students are responsible for obtaining their own equipment. You may utilize equipment at your place of employment, buy your own, or use the SON's equipment in the campus labs. The equipment available in the campus labs may not be checked out. It has to be used in the labs.